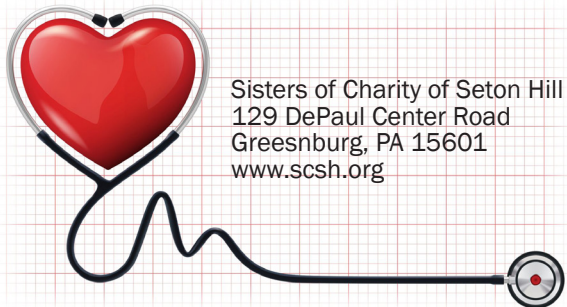




## QUEEN OF PEACE CHAPEL

A tour of our beautiful, award-winning, Queen of Peace Chapel will be offered after our conference. The chapel, constructed in 1963, was furnished by the world-famous Japanese-American woodmaster George Nakashima.

The Sisters of Charity of Seton Hill hold Taize Prayer for Peace on the first Tuesday of each month. The public is invited to attend.



Sisters of Charity of Seton Hill  
129 DePaul Center Road  
Greensburg, PA 15601  
[www.scsch.org](http://www.scsch.org)

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129 DePaul Center Road  
Greensburg, PA 15601



# First Annual Citizens of the World Wellness Conference

Celebrating the 40th Anniversary  
of the Canonization of St. Elizabeth Ann Seton  
“Teaching us to be Citizens of the World since 1809”



Hosted by the Sisters of Charity  
of Seton Hill

**Integrative Medicine**  
Delivering the Future of Wellness



Friday, May 22, 2015  
8:30am - 3:30pm

## Course Directors:

Safdar I. Chaudhary, MD  
Julia E. Trimarchi Cuccaro, Esq





# First Annual Citizens of the World Wellness Conference

## “Integrating Medicine: Delivering the Future of Wellness”

### About the Conference

As studies continue to reveal the important role that spirituality and a healthy mind play in healing and in fighting disease, a transformation is slowly taking place around the world. As we celebrate the 40th anniversary of the canonization of St. Elizabeth Ann Seton, the Sisters of Charity in partnership with systems of healthcare, faith-based centers and educators are embarking on healing the whole person, mind and spirit, as well as the body. This conference will address today's new medicine which makes wellness the focus of care.

### Who Should Attend

Open to the Public and Professionals

### Educational Objectives

At the conclusion of this program, participants should be able to:

1. Realize the role of faith for our everyday health.
2. Understand the science of cultural and environmental diversity for promoting healthy communities, patients, and families.
3. Consider the legal, ethical and educational aspects of integrative wellness among communities in our region.
4. Familiarize themselves with healthcare in the digital age.

This seminar is hosted by the Sisters of Charity of Seton Hill and sponsored by Seclairer, an Integrative Psychiatric Medicine Center providing cutting edge brain and health sciences for clinical and health needs to foster well being and overcome chronic diseases.

The Sister of Charity of Seton Hill minister to our region through:

- The Elizabeth Seton Centers in Pittsburgh and Greensburg offering Adult Day Care and Child Day Care services;
- Elizabeth Seton Memory Care Center at Caritas Christi
- Seton Arts Service Corps (in partnership with Seton Hill University)
- Rendu Services, including a food pantry in Fayette County

### Schedule

8:30 am	Registration / Exhibits
9:00 am	Welcome and Introduction <i>Sister Catherine Meinert, Provincial Superior/President, Sisters of Charity of Seton Hill, US Province</i>
9:15 am	Keynote Integrative Medicine: A Review of Brain and Body Health <i>Safdar I. Chaudhary, MD</i>
10 - 11:15 am	Panel Discussion, Discussant: <i>Safdar I. Chaudhary, MD</i>  The Impact of Integrative Medicine and Shifting Paradigm of Delivery of Healthcare  <i>Duquesne University School of Nursing Laurie English, MBA, STHR, Excela Health Christopher Bellicini, DO Excela Health Lori Sendro, BS, Program Director United Way-Faith in Action Jessica Sanzotti, Allegheny Chesapeake Physical Therapy</i>
11:15 am	Break
11:30-Noon	Integrating Healthcare and Wellness in Action at Elizabeth Seton Center <i>Sister Barbara Boss, SC</i>
12-12:45 pm	Healthy Lunch: Greet your neighbor
12:45 pm	Awards
1-2 pm	Panel Discussion: Discussant: <i>Julia E. Trimarchi Cuccaro, Esq..</i>  The Legal, Ethical and Educational Aspects of Integrative Wellness Among Communities in Our Region. <i>Irving Freeman, J.D., Ph.D., LECOM SHU Sister Judy Laffey, SC, RN, MSN Sister Rosemary Donley, SC, RN, PhD</i>
2-2:30 pm	Acupuncture and Chinese Herbal Remedies: What You Need To Know. <i>Dr. Ted Cibik, PhD, ND, DM</i>
2:30-3 pm	Healthcare in the Digital Age: The Rise of the Patient Advocate <i>Michael Warner, DO</i>
3-3:30 pm	Healing vs. Treating, the NEW Paradigm of Wellness <i>Sister Bernadette Manning, SC LPC</i>
3:30 pm	Conference Adjourns
3:30-4:30 pm	Tour of Queen of Peace Chapel

### RESERVATIONS REQUIRED

REGISTRATION FORM: Citizens of the World Conference  
To Register, fill out this form, cut out and send to the address below.

Name \_\_\_\_\_ Discipline \_\_\_\_\_  
Home Address \_\_\_\_\_  
City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
Home Phone \_\_\_\_\_ Cell Phone \_\_\_\_\_  
Place of Employment \_\_\_\_\_  
Address of Employment \_\_\_\_\_  
City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
Email \_\_\_\_\_  
☐ Individual with Disability or Dietary Restriction (Identify Needs) \_\_\_\_\_

### Educational Credits:

ACCREDITATION: CLE (appled for)  
5 Hours for Licensed/Clinical Social Workers, Licensed Professional Counselors, Licensed Marriage and Family Therapists: LSW/LCSW/LPC/LMFT, and Physicians Category 2

For Continuing Education purposes, please check if you should receive:

Physicians Category 2 \_\_\_\_ CLEs \_\_\_\_  
LSW/LCSW/LPC/LMFT \_\_\_\_

Conference Fee: \$75 Students: \$40  
Additional fee of \$25 for LSW/LCSW/LPC/LMFT  
(Total fee \$100 if seeking these credits)  
Includes Refreshments and Lunch

Total Tuition Enclosed: \_\_\_\_\_

Method of Payment: ☐ Check ☐ Credit Card

MC/Visa Card #: \_\_\_\_\_

Name on Card: \_\_\_\_\_

Expiration Date: \_\_\_\_\_

CSV #: (on back of card) \_\_\_\_\_

Call: 724 836-0406 x6640 or 6615  
Sisters of Charity of Seton Hill  
129 DePaul Center Road  
Greensburg, PA 15601  
www.scssh.org